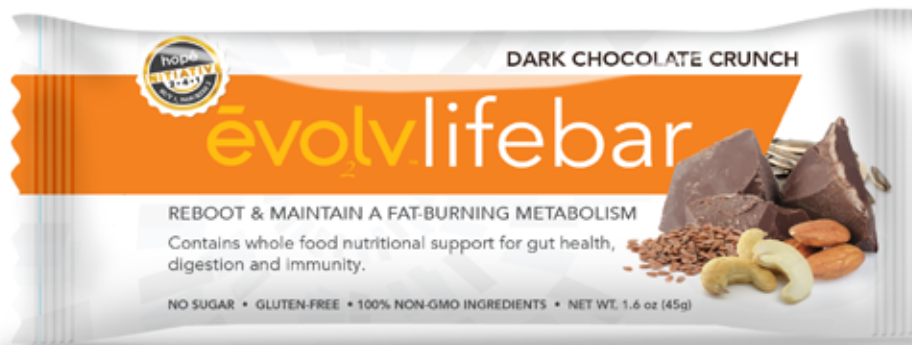


EVOLV LIFEBAR FACT SHEET

REBOOT AND MAINTAIN A FAT-BURNING METABOLISM



This is not your sugar-filled basic snack or protein bar. This is a whole food, plant-based protein powerhouse filled with real groundbreaking science-based nutrition.

A Simple Solution with Major Impact

Reboot Your Fat-burning Hormones

Help Curb Hunger

Help Restore Your Digestive Tract

Help Reactivate Your Immune System

Help Replenish Essential Nutrients in Your Cells

The Evolv LifeBar can support all Members and Customers in their **HOPE** Pledges with goals involving weight loss and healthier living. As an added benefit, every Evolv LifeBar purchased helps to nourish a child with the same whole food nutritional support through our Hope 2-4-1 Initiative.

Losing fat has never felt so rewarding!



ēvolv₂lifēbar

NUTRITION INFORMATION

Nutrition Facts

Serving Size 1 bar (45g)
 Servings Per Container 1
Calories 176
 Cals from Fat 108

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Total Fat 12g	21%	Trans Fat 0g		Dietary Fiber 12g	49%
Sat Fat 3.2g	18%	Cholesterol 0mg	0%	Sugars 0g	
Monounsat Fat 6.4g		Sodium 37mg	2%	Sugar Alcohols 4g	
Polyunsat Fat 2.4g		Total Carbohydrate 20g	6%	Protein 7g	13%

Vit. A 31% • Vit. C 31% • Calcium 5% • Iron 10% • Vit. E 34% • Vit. K 31% • Vit. B1 38% • Vit. B2 30% • Vit. B3 30% • Vit. B6 30% • Vit. B12 40% • Folic Acid (B9) 30% • Biotin 32% • Pantothenic Acid (B5) 30% • Iodine 30% • Magnesium 12% • Zinc 30% • Selenium 32% • Copper 35% • Manganese 43% • Molybdenum 30% • Chromium 30%

*Percent Daily Values based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories per gram: Fat 9 • Carbohydrates 4 • Protein 4

Resetting your metabolism is about making food choices that help support the body's normal fat-burning, muscle-building functions, rather than using fad diets and weight loss foods and supplements that can contribute to metabolic dysfunction.

We were designed to burn fat as our primary source of fuel, but modern diets have dramatically compromised that function.

That's because fat loss has more to do with hormones than with calories. Hormones regulate virtually every aspect of your body's metabolic pathways. They can cause your body to either store fat or burn fat, and to build or repair muscle. They can make you feel full or hungry, and they handle a myriad of other functions that affect your weight, fitness, and overall well-being.

Constant over-consumption of refined sugar and sugar-producing carbs combined with a lack of healthy fats, fiber, and essential nutrients in our diets can throw these critical hormones completely out of balance. This imbalance forces your cells to burn sugar instead of fat as their primary source of fuel. No amount of willpower, caloric restriction, or exercise can override this imbalance.

To convert your body from a sugar-burner to a fat-burner requires the Rebooting and Rebalancing of your hormones.

The Evolv LifeBar has the perfect blend of healthy fats, plant-based proteins, prebiotic fiber, advanced immune support, and food-sourced vitamins and minerals to help shift your metabolism back to its efficient fat-burning state.

With Evolv LifeBar and the rest of the science-driven Evolv products and health support programs, you get the best Simple Health plan to help lose weight, improve fitness, and feel your best — all while giving back and providing HOPE to others.

INGREDIENTS

Prebiotic Soluble Fiber, Dark Chocolate (Maltitol, Unsweetened Chocolate, Cocoa Butter, Milk Fat, Soy Lecithin, Natural Vanilla Flavor), Sunflower Seeds, Flax Crisps, Cashews, Flax Seeds, Pea Protein, Flax Meal, Almonds, Coconut Oil, Chia Seeds, HOPE Blend (Fermented Nutrient Blend, Evolv Immün Acemannan Compound, Aloe Vera Gel Powder), Cocoa Powder, Monk Fruit Sweetener (Erythritol, Monk Fruit Extract, Stevia Extract).



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